



PRAYER

Foundations In The Faith Study #6

Prayer is vital in the life of a believer. This is an amazing resource we are given, as we give our lives to the Lord. Jesus is mentioned praying often, throughout the Gospels. If Jesus prayed, how much more should we? May God speak to our hearts and show us the importance of prayer in this study.

What is Prayer?

- **Worship** – Acknowledging the Creator of heaven and earth with thanksgiving and praise.
- **Supplication** – Communicating to God our needs.
- **Intercession** – Praying for others in need.

Turn to Matthew 6:5-8

What can we learn from this text?

- **Pharisees were hypocritical** – Jesus refers to the religious rulers in His time, which prayed in such a way to be seen as more holy and righteous than what they really were.
- **Have good intentions** – We should make sure that we are coming to the Lord with pure motives.
- **Have quiet time** – Have our own special time with the Lord. We should turn off our phone, TV and all other distractions we may have. It's important to give the Lord all of our attention
- **Express your hearts** – Don't use repetitive prayers, but express your heart totally to the Lord in all things.
- **Father knows beforehand** – Jesus tells us that the Father already knows the things we need and desire before we ask.

Let's look at Matthew 6:9-15

What can we learn from this text?

- Jesus shows that in prayer, it's not getting our will done, but God's will done in our life.
- Jesus then says to ask the Lord to provide for our needs. This covers our job, finances, and all our day-to-day needs, etc.
- Jesus also says that we are to forgive others in our life. Get rid of all bitterness toward others in our life.
- Jesus tells us to ask the Lord to keep us from sin and to keep Satan away from trying to destroy us.

Scriptures that are key:

- **Philippians 4:6** *"Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God"*
- **Hebrews 4:16** *"Let us therefore come boldly to the throne of grace, that we may obtain mercy and find grace to help in time of need."*
- **1 Thessalonians 5:17** *"pray without ceasing,"*

Prayer: Questions

1. Who's prayer does God hear? (Proverbs 15:29)

2. What should we pray for? (Philippians 4:6-7)

3. When we are unsure what to pray, what should we do? (Romans 8:26-27)

4. What is Christ doing for us in Heaven? (Romans 8:34)

If we develop a strong prayer life, we will gain a strong spiritual life. We should make time daily for prayer and seeking God's will in every aspect of our lives.

What have we learned through this study?

Do you have any questions, problems, or comments that you would like to share with us?

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